

Wrekin View Primary School and Nursery



Nappy Changing Policy



Happy, Successful, Curious Communicators

Adopted	February 2022
Review Due	Spring 2025

Nappy changing

The Early Years Foundation Stage (EYFS) applies to children from birth to the end of Reception year. Children can join us on or after their second birthday in Wrekin Giants , or the term after their third birthday in the Nursery class, and at the beginning of the school year in which they are five for our Reception class.

As a school we aim to be inclusive to all children and to give consideration to the individual needs of each child. We see toilet training as a self-care skill that all children should have the opportunity to learn through the full support and non-judgmental concern of adults.

Aims

- To ensure that children in our care are comfortable and happy at all times
- To safeguard the rights and promote the welfare of children
- To provide guidance and reassurance to staff who are required to change children
- To assure parents/carers that staff are knowledgeable about personal care and that their individual concerns are into account
- To protect children from discrimination and ensure the inclusion of all

The basic principles at Wrekin View Primary School and Nursery are that staff will bear in mind the following key principles when changing a child's nappy: • Children have the right to feel safe and secure

- Children will be respected and valued as individuals
- Children have a right to privacy and dignity
- In order to promote and develop greater independence, children need to be supported in their understanding of toileting procedures

To ensure children are comfortable and happy, nappies will be checked every three hours and changed if wet or soiled.

Vulnerability to Abuse

As a school we ensure that all staff are familiar with our safeguarding policy as well as our procedures to help develop each child's resilience and protect them from any form of abuse. It is important that children are changed in a reassuring and caring way by a member of staff they have a close relationship with. Furthermore, it is important that we signal our intention to change a child's nappy before doing so, ensuring that the child understands and anticipates what is going to happen, as appropriate to their development. This helps given children the important message that not just anyone can pick them up, take them off and undress them. Staff should always change children in the nappy-changing area which, whilst allowing for privacy are not closed off. This is part of making sure there is a culture of openness which safeguards children and ensures all adults follow safe working practices.

Working with Parents/Carers

We will work with parents when developing a child's nappy changing routine.

- Where parents are present, eg during the settling in period, they will be asked to change their child's nappy.
- If a child has any disability or medical need that may affect the personal care routine, a Health Care Plan will be drawn up in agreement with parents/carers.
- Parents will be asked when their child first starts at Wrekin View Early Years Foundation Stage whether or not they have any particular need or any special words or actions used during their nappy changing procedure.
- Any significant observations made during a nappy changing procedure will be notified to the parents at the end of the session (ie badly soiled nappy/strong urine etc) and these will be noted in the nappy changing log.

Achieving Continence

At Wrekin View Primary School and Nursery, we will encourage all children to achieve continence when they exhibit signs that they are ready. This will be achieved through modelling, positive praise, working with parents and having high expectations. In addition to this, a child's key person will ensure that nappy changing times are relaxed and a time to promote increasing independence.

Protection for Staff

As far as possible, a member of EYFS staff will carry out nappy changing procedures.

Protection for that person will be undertaken in the following ways:

- Staff will be trained in good working practices which comply with Health and Safety regulations.
- Each instance of intimate care will be recorded by the adult who completed it. Details recorded will include:
 - o What personal care tasks were carried out (Wet/Soiled nappy/pants)
 - o By who
 - o The time and date it was completed
- If a situation occurs that causes a member of staff concern, a second member of staff will be called and the incident reported to the line manager and recorded.
- Where staff are concerned about a child's actions, comments or bruising/marks around the area, whilst carrying out a personal care procedure, this should be recorded and discussed with the school's designated safeguarding lead immediately.
- To ensure the safe moving and handling of children, children will use 'steps' to independently climb onto the changing area, with support provided if needed.

Changing procedures followed by staff:

- Prepare the changing bed by cleaning it with antibacterial spray.
- Ensure the following items are ready before changing a child's nappy; clean nappy, wipes, nappy sack and nappy cream if required (NB – where cream is used the child should have their own named cream and written permission obtained from the parent).

- Wash and dry your hands and put on a pair of disposable gloves and a disposable apron. (NB – staff must put a fresh set of gloves on for every child that has a nappy changed)
- Support the child on to the nappy changing unit using the ‘steps’.
- Change nappy as appropriate. Taking into consideration, areas such as between skin folds that need to be kept clean and the differences between wiping a girl and boy.
- Secure the nappy on child and assist child to get up off the nappy bed, using the steps to get down safely.
- Assist child to wash hands.
- Put wet/dirty nappy into a nappy sack and into the nappy bin (yellow bin liner).
- Remove gloves/apron and put into nappy bin and wipe down area using anti-bacterial spray and paper towel.
- Wash hands and tidy away child’s belongings.

If the child’s clothes are soiled, they should be bagged separately and sent home, they should not be rinsed by hand.

At no point should the child be left alone on the nappy bed, ensure all items are to hand while changing and if needing any support ask a colleague.

Toilet Trained/Training

If a child is old enough to meet their own toileting needs, the staff member can support the child according to age and ability to use a potty or toilet, ensure they are comfortable, clean and dry and have washed their hands afterwards.

- Staff members will also ensure that potties are available for children being toilet trained and cleaned with antibacterial cleaner after every use.
- When supporting a child that needs to be changed the staff member will approach the child and explain that they would need to clean and change them into some dry clothes.
- The staff member will put on pair of disposable gloves/apron.
- Remove the wet/soiled clothes from the child.
- Clean the areas that need cleaning. The staff member will talk through with the children what they are about to do so that they are happy and understanding. If a child is capable of doing so, they can help with the removal of any clothing.
- Wet/soiled clothing will be put into a bag so that they can be sent home.
- The staff member will wash their hands with antibacterial soap and running water and then dry then on a disposable paper towel.
- Staff will help the child to wash their hands using liquid soap, warm water and paper towel. • Staff will return to the changing area and clean the area using the cleaning materials and liquids provided. The area will then either be closed until dry or a wet sign would be placed up.

Parental Responsibilities

At Wrekin View Primary School and Nursery, we work in partnership with parents and ask them to assist us by ensuring the following:

- Parents understand and agree the procedures that will be followed when their child is changed at school.

- The school requires the parents to supply nappies, wipes and sundries that will be used and applied as necessary.
- Parents understand that they will be asked to collect their child from school if their child shows symptoms of illness or indications of ill health (2 watery/loose nappies in quick succession – Nurse contact)
- Parents must send their child in nappies or protective underwear until they are dry and clean the majority of the time. We ask that children are only sent in with pull-ups if actively toilet training.