Social, Emotional and Mental Health needs as defined by the SEND Code of Practice 2015

Children and young people may experience a **wide range of social and emotional difficulties** which manifest themselves in many ways. These may include becoming withdrawn or isolated, as well as displaying challenging, disruptive or disturbing behaviour. These behaviours may reflect **underlying mental health difficulties** such as anxiety or depression, self-harming, substance misuse, eating disorders or physical symptoms that are medically unexplained. **Other children and young people may have disorders such as attention deficit disorder, attention deficit hyperactive disorder or attachment disorder.**